H	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	February		1 ● # ◆ February Is Black History Month! Google books, activities, and videos to share with your children this month!	Groundhog Day! Will Phil see his shadow? Take a poll in your home or classroom. Compare the results with Phil's prediction!	3 ■₩  Today is Feed the Birds Day!  Make homemade bird- feeders with pine cones and peanut butter or sprinkle seeds in your yard!	4 ● # ◆ Thank Your Mailman Day! Write a letter or draw a picture for your mail- man today! Thank him/her for their hard work!	Talk about the color red today. What can you find in your home that is red? Can you wear a red shirt today? Make a picture of something red!
	6 ■# Super Bowl Sunday Challenge kids to come up with creative football cheers or chants to cheer on their team.	7 ○■無◆ Put on a puppet show together. Make your own pup- pets using old socks or use puppets you already have!	Floor is Lava! Use felt hearts or construction paper, secure to floor, and kids have to jump from heart to heart, or hop, or stretch to next heart Can't touch the floor, because the floor is lava!	9 ● 業 National Pizza Day Make individual pizzas as a family today or order take out from your favorite local pizza place!	Talk about mixing paint colors today to paint a beautiful pictures! What happens if you mix white with colors? What about black?	Bake cookies together today and share with someone you love! Decorate with icing and sprinkles!	Foam Sensory Bin In a large bowl, combine 1/4c water and 4t of bubble bath. Use a blender to quickly whip thick bubbles! Add ma- nipulatives for extra fun!
	13 ■第 Ask your child to write a song about someone they love. Preform it together!	14 ○■第◆ Valentine's Day Make heart shaped pancakes for breakfast or maybe heart shaped sandwiches for lunch!	15  ■    Talk about the different sounds you hear as you explore the ringtones on your phone. Allow your child to choose your ringtone for the day.	Allow your child to get into your pots and pans cabinet today to play drums! Use pots and pans as the drums and wooden spoons as the drum sticks!	17  ■	February is Dental Health Month! Talk about the importance of brushing your teeth, practice together. Invite a dentist to your classroom!	Read If You Give a Moose a Muffin together. Recall some of the requests the Moose had. Watch the read aloud on YouTube!
	20 ● 果◆ Wrap up your child in comfy blankets and ask them to tell you a story with a cozy setting!	President's Day! Who is our President? Who was our first president? Talk about what a president does for our country.	Happy Birthday! George Washington! Ask your child what they would do if they were president!	Ask your child to help fold a load of towels or match socks. This is a great life skill that children can start working on at a young age!	Ask your child to draw a picture of a fun memory they have. Talk to them about why it was so fun.	25 ●第◆ Teach your children the Finger Play "One Two Buckle My Shoe" and the accompanying mo- tions!	26 ■₩ ◆ If there is snow outside, invite your child to draw different letters and shapes in the snow!
	Work on stacking skills with your little one. Using plastic measuring cups. Take turns stacking and knocking over the tower of cups!	Talk to your child about opposites to-days! Give your child a word and see if they can name the opposite . Ex— You say hot, they say cold.	<ul> <li>=Infant/Toddler</li> <li>=Preschool Aged</li> <li></li></ul>		Enlarged copie https Please re	verywhere—Teb s are now available ov ://ccrcwv.org/newslet emember to always su ir child during activiti	our website! ters/ pervise